

**CUMBRIA SCHOOLS
ATHLETIC ASSOCIATION**

**ANNUAL INTER-COUNTY
ATHLETICS CHAMPIONSHIPS**

**Cleveland v Cumbria v Durham v
Northumberland**

at

**SHEEPMOUNT TRACK
CARLISLE**

on

SATURDAY JUNE 23rd 2012

(first event 12.00 noon)

(Hammer 11.30 am)

TRACK EVENTS - Start 12 Noon

No.	Event	Age Group	Lane Order							
T1	300m H	Inter Girls	N	CL	CU	D	N	CL	CU	D
T2	400m H	Inter Boys	D	CU	CL	N	D	CU	CL	N
T3	3000m	Inter Girls	CU	D	N	CL	CU	D	N	CL
T4	100m	Junior Girls	D	CU	CL	N	D	CU	CL	N
T5	100m	Junior Boys	N	D	CU	CL	N	D	CU	CL
T6	100m	Inter Girls	CL	N	D	CU	CL	N	D	CU
T7	100m	Inter Boys	CU	CL	N	D	CU	CL	N	D
T8	800m	Junior Girls	D	N	CL	CU	D	N	CL	CU
T9	800m	Junior Boys	CU	D	N	CL	CU	D	N	CL
T10	800m	Inter Girls	N	CL	CU	D	N	CL	CU	D
T11	800m	Inter Boys	CL	CU	D	N	CL	CU	D	N
T12	3000m	Inter Boys	CU	D	N	CL	CU	D	N	CL
T13	200m	Junior Girls	D	N	CL	CU	D	N	CL	CU
T14	200m	Junior Boys	CL	CU	D	N	CL	CU	D	N
T15	200m	Inter Girls	D	N	CL	CU	D	N	CL	CU
T16	200m	Inter Boys	CU	CL	D	N	CU	CL	D	N
T17	1500m	Junior Girls	D	N	CL	CU	D	N	CL	CU
T18	1500m	Junior Boys	N	CL	CU	D	N	CL	CU	D
T19	1500m	Inter Girls	CL	CU	D	N	CL	CU	D	N
T20	1500m	Inter Boys	CU	D	N	CL	CU	D	N	CL
T21	75m H	Junior Girls	D	N	CL	CU	D	N	CL	CU
T22	80m H	Inter Girls	CL	CU	D	N	CL	CU	D	N
T23	80m H	Junior Boys	N	D	CL	CU	N	D	CL	CU
T24	100m H	Inter Boys	CL	CU	D	N	CL	CU	D	N
T25	300m	Inter Girls	N	CU	CL	D	N	CU	CL	D
T26	400m	Junior Boys	CU	N	D	CL	CU	N	D	CL
T27	400m	Inter Boys	D	CL	N	CU	D	CL	N	CU
T28	1500m S/C	Inter Boys	CL	D	CU	N	CL	D	CU	N
T29	Relay	Junior Girls	CU	D	N	CL				
T30	Relay	Junior Boys	D	N	CL	CU				
T31	Relay	Inter Girls	N	CL	CU	D				
T32	Relay	Inter Boys	CL	CU	D	N				

FIELD EVENTS					
EVENT	11.30 am	12 Noon	1.00 pm	2.00 pm	3.00 pm
High Jump 1		Inter Boys		Inter Girls	
High Jump 2		Junior Girls		Junior Boys	
Long Jump		Inter Boys	Inter Girls	Junior Boys	Junior Girls
Triple Jump		Junior Boys	Inter Boys	Inter Girls	
Pole Vault		Junior Boys Inter Girls	Inter Boys		
Shot Putt		Inter Boys	Junior Girls	Junior Boys	Inter Girls
Discus 1		Inter Girls		Inter Boys	
Discus 2		Junior Girls		Junior Boys	
Javelin		Inter Girls	Junior Boys	Junior Girls	Inter Boys
Hammer	IB / JB / IG				

Field Events

All athletes will have 4 attempts

Normal rules at High Jump and Pole Vault

Seniors

Track Events will follow Intermediates

Field Events report with Inter Group

Competitors Numbers

All counties please provide their own numbers

GENERAL INFORMATION AND RULES

1. Two competitors per event.
2. Competitors may enter **TWO** events and a relay.
3. There will be **ONE** relay team per County per group.
4. Where A and B races are run times will be used for placings.
5. All competitors will be identified by Counties ESAA numbers (Competitors on the track will wear numbers back and front: Field Event competitors may wear one number).
6. Where possible competitors should wear County strip. (Competitors wearing strip which does not comply with ESAA Rules will be disqualified from their event.)
7. Points for all events will be awarded as follows:

1st	2nd	3rd	4th	5th	6th	7th	8th
8	7	6	5	4	3	2	1
8. Track events have priority: those involved in field events must seek permission of a judge to go to track when called.
9. Competitors for track events must report, immediately they are called, to the Track Marshall.

SENIORS

Senior events will be fitted into the programme at the end of the relative group of Junior/Inter events as deemed necessary. Field events may be incorporated into the Intermediate section.

Senior athletes may be included, but only in cases where the County's selectors need to see them in action.